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Meals on Wheels Brings Holiday Cheer to Homebound Seniors

ROSENBERG, Texas (October 29, 2020) — Cooler weather and the turning of the calendar from October to November signal the start of the holiday season. At Fort Bend Seniors Meals on Wheels (FBS), the changing season also signals the kick off their *Secret Santa for Seniors* program.

A longtime holiday tradition for the organization, Fort Bend Seniors *Secret Santa for Seniors* creates special memories for homebound seniors in Fort Bend and Waller Counties on the Meals on Wheels program and the volunteers who deliver them.

“Each year our staff and volunteers look forward to bringing a bit of holiday cheer to the seniors on our program,” said FBS Deputy Executive Director, Leah Ghobrial. “This year has been challenging for us all, particularly the many older adults in our community that live alone and depend on Meals on Wheels to provide not only the sustenance they need, but also a way to break that cycle of loneliness that has only been exacerbated by the pandemic. During the holidays, a simple gift provides hope and the reassurance that they are remembered and cherished.”

Fort Bend Seniors plans to distribute gifts to nearly 1,400 seniors this year with the community’s support. Since many seniors on the program struggle with meeting their basic needs, FBS asks that those interested in adopting a senior purchase a new bath towel set along with a personal care item – such as a 2021 wall calendar, lotion, body soap, or slip-proof socks.

“Items can be dropped off at our administrative office at 1330 Band Road in Rosenberg between 10:00 am and 2:00 pm, Monday through Friday,” said Ghobrial.

For more information about *Secret Santa for Seniors*, visit <http://bit.ly/secretsanta4seniors2020> or contact Kristie Phillips, Development Associate, at 281-633-7741 or kristie@fortbendseniors.org.

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About Fort Bend Seniors Meals on Wheels

Fort Bend Seniors Meals on Wheels, a United Way Agency, is committed to helping seniors remain independent by enhancing their quality of life through services and resources. FBS provides hot, home-delivered meals to

more than 1,000 senior citizens daily, many who live alone and cannot prepare their own meals. In addition, FBS offers more than 600 older adults meals daily from 12 congregate sites – or community centers, transportation to and from the centers, health screenings and recreational activities. During the pandemic, FBS has continued to deliver meals to 1,400 seniors throughout Fort Bend and Waller counties.

Fort Bend Seniors is qualified under section 501(c)(3) of the Internal Revenue Service Code as a non-profit corporation, and as such contributions are tax deductible to the fullest extent as allowed by law. For more information about Fort Bend Seniors Meals on Wheels, visit www.fortbendseniors.org.