



FOR IMMEDIATE RELEASE

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Fort Bend Seniors Seeking Volunteers to Join the Fight Against Senior Hunger

Volunteers wanted to join the FBS team in Richmond and Rosenberg Areas

ROSENBERG, Texas (January 11, 2019) — Fort Bend Seniors (FBS) is currently seeking volunteer meal delivery drivers to grow the volunteer team in the Richmond and Rosenberg areas. Volunteers pick up meals at a distribution point in the city in which they are delivering, then drive a pre-assigned route in the area delivering meals to homebound seniors. Volunteers donate a few hours of their time each week to deliver hot, fresh meals to an average of 10 homebound seniors on an assigned route in the community.

FBS works to help seniors remain independent by enhancing their quality of life through services, such as home-delivered and congregate meals, and by connecting them with resources in the community. Volunteers are an integral part of this mission, as more than 1,500 seniors receive meals throughout Fort Bend and Waller Counties every day. To accomplish this day-in and day-out requires an extensive network of volunteer drivers to ensure all eligible seniors in the community receive a hot and nutritious lunch.

“Volunteers give their time and resources so that our seniors receive a meal,” says Rick Branek, Volunteer and Outreach Manager at FBS. “This mission is bigger than all of us and we get to be a part of providing a meal and well check to our seniors, who have already given so much to make our community what it is today.”

Forty percent of the seniors FBS serves live alone and are unable to prepare meals for themselves. A volunteer not only provides the hot meal these seniors need, but also provides a friendly face and a wellness check for the seniors. For many seniors, this is the only human interaction they have each day.

Per an FBS survey, more than 30% of the seniors in the organization’s Meals on Wheels program reported that the meal they receive from FBS is often the only meal they eat in a day. Volunteer support is important to ensure that those seniors most in need are provided for.

For more information about volunteering with Fort Bend Seniors, visit the website at www.fortbendseniors.org or contact the volunteer department at iloveseniors@fortbendseniors.org.

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About Fort Bend Seniors Meals on Wheels

Fort Bend Seniors Meals on Wheels, a United Way Agency, is committed to helping seniors remain independent by enhancing their quality of life through services and resources. FBS provides hot, home-delivered meals to more than 1,500 senior citizens daily, many who live alone and cannot prepare their own meals. In addition, FBS offers older adults meals from 12 congregate sites – or community centers, transportation to and from the centers, health screenings and recreational activities.

Fort Bend Seniors is qualified under section 501(c)(3) of the Internal Revenue Service Code as a non-profit corporation, and as such contributions are tax deductible to the fullest extent as allowed by law. For more information about Fort Bend Seniors Meals on Wheels, visit www.fortbendseniors.org.