



Fort Bend Seniors Meals on Wheels Celebrates 16th Annual March for Meals

FBS involves community leaders in annual event to deliver meals to seniors

ROSENBERG, Texas (March 6, 2018) – Fort Bend Seniors Meals on Wheels (FBS) will be participating in the 16th annual March for Meals – a month-long, nationwide celebration of Meal on Wheels. On Wednesday, March 21, 2018, local community leaders will participate in a Community Champions Celebration, delivering meals to homebound seniors in our area.

“The services we provide the seniors of Fort Bend and Waller counties are critical and the need is rapidly increasing,” said Manuela Arroyos, Chief Executive Officer of FBS. “We are always excited about including the communities we serve and their leaders in our mission. Together, we can keep seniors living independently, healthier at home and feeling more connected to their community as they age.”

March for Meals is a national campaign held annually during the month of March since 2002, initiated and sponsored by Meal on Wheels America to raise awareness of the struggles faced by our aging neighbors and to encourage action on the part of local communities. Hundreds of Senior Nutrition Programs across the United States, like Fort Bend Seniors, promote March for Meals through public events, partnerships with local businesses, volunteer recruitment and fundraising initiatives.

“This March, hundreds of local Meals on Wheels programs will rally their communities to build the support that will enable them to deliver nutritious meals, friendly visits and safety checks to America's most at-risk seniors all year long,” said Ellie Hollander, President and CEO of Meals on Wheels America. “With the demand for Meals on Wheels increasing along with our country’s senior population, we need to ensure that seniors are not forgotten.”

Individuals or groups that are interested in supporting Fort Bend Seniors Meals on Wheels efforts – either by volunteering or through in-kind or financial contributions – can visit www.fortbendseniors.org or contact FBS at 281-633-7049.

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About Fort Bend Seniors Meals on Wheels

Fort Bend Seniors Meals on Wheels, a United Way Agency, is committed to helping seniors remain independent by enhancing their quality of life through services and resources. Fort Bend Seniors is qualified under 501(c)(3) of the Internal Revenue Service as a non-profit corporation, and as such

contributions are tax deductible to the fullest extent as allowed by law. For more information about Fort Bend Seniors Meals on Wheels, visit www.fortbendseniors.org.

About Meals on Wheels America (Formerly Meals on Wheels Association of America)

Meals on Wheels America is the oldest and largest national organization supporting the more than 5,000 community-based senior nutrition programs across the country that are dedicated to addressing senior isolation and hunger. This network exists in virtually every community in America and, along with more than two million volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, education and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time. For more information, or to find a Meals on Wheels provider near you, visit www.mealsonwheelsamerica.org.

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